

Aim and scope

In Touch is our quarterly Journal for Physio First, the Organisation of Chartered Physiotherapists in Private Practice. We have a circulation of approx. 4,000. Our aim is to inform our members of clinical and business developments that particularly affect private practice.

Physio First, for the next 5-years, is for **championing evidence based cost effective private physiotherapy with Physio First members in the changing healthcare marketplace**

In Touch also forms part of the education of our members and the public to the benefits of private physiotherapy and with this in mind we have the following strategic aims:

“to procure and channel, resourcefully, knowledge that effectively empower members of Physio First in our journey to achieve our intent”

And

“to engage with strategically and culturally aligned authors to deliver articles that empower members of Physio First to achieve our intent”

The following instructions are relevant to the technical / format requirements for your article. More information about the content requirements are in the accompanying author strategy document.

Word-count:

- Articles should be between 2500 – 3000 words.
- Book, product reviews should be between 150-300 words
- Course reviews, case reports and professional issue up to 2000 words

Content over the maximum word-count may be reduced through editing at our Editor's total discretion.

Articles should include:

- A biography of the author of no more than 100 words
- Learning outcomes that the author hopes will be achieved by our readers in no more than 4 bullet pointed sentences
- A short summary / abstract of no more than 100 words
- Full details of how the author title should appear, i.e. name, letters, title, etc. although, please avoid duplication of qualifications, i.e. the prefix of Dr and qualifications PhD, one or other will be sufficient.
- A recent head and shoulders photo of the author
- Preferred contact details of the author such as website, email address, telephone number, etc.
- Tables, illustrations and photographs (these are strongly encouraged). Please ensure the figures link to the text, i.e. “see figure 1”
- Confirmation of permission from the subject of any identifiable photographs.
- Confirmation of permission from the original owner / publisher of any copyrighted material reproduced from any other source.

Format:

- There is no requirement to adjust font, type or columns as these will be set by our Physio First graphic designer
- References are encouraged and should appear in the body of the article as follows:

Single author: (Smith 1989); two authors: (Smith & Weston 2011); more than 2 authors: (Lewis *et al* 2003)

- The accompanying reference list should then be supplied in alphabetical and then, where appropriate, chronologically and be set out as follows:

Lewis S, Whittaker M. Writing an article for Physio First. *Current Medical Journalism* 2003;1(3)103-106

- The titles of all referenced publication should appear in full. Authors are responsible for the accuracy of their references.

Acknowledgements:

Where the article, or any part thereof, has appeared previously in another publication, this must be declared with full details.

All articles submitted will be accepted at the complete discretion of our Editor and will be subject to editing by our editorial team. All changes will be returned to the author, at which point they will be asked to re-read and approve the text for typographical errors and for correct content. At the 1st galley stage, a further copy of the article will be submitted for approval and at that stage, responsibility for this final copy rests with the author.

If an error is noted in the text of an article after publication the error should be reported to our Editor, together with information about its possible cause and the best way to correct it. Any action taken as a result of such notification is at the absolute discretion of our Editor.

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